

8/02/2026

South Australian State Championships

618 Barbell - Adelaide

Name	Sex	Equip	State	Awards Division	Age	BWT	Wt Cls	Age Coef	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Total	Gloss Pts	Age Pts	Place	Dots Points
Sarah Butler	F	WRAPS	SA	Women's Raw With Wraps Open	44	78.4	82.5	1.043	112.5	122.5	-130	122.5	70	75	-77.5	75	197.5	155	170	180	180	377.5	306.61		1	359.33
Anya Simonsen	F	WRAPS	SA	Women's Raw With Wraps Open	34	78.9	82.5	1	97.5	107.5	112.5	112.5	50	55	-57.5	55	167.5	122.5	132.5	140	140	307.5	248.74		2	291.76
Dianne Reeves	F	SLEEVES	SA	Women's Raw Sleeves Master (55-59)	56	88.55	90	1.246	110	120	125	125	62.5	67.5	70	70	195	150	160	172.5	172.5	367.5	277.19	345.37	1	330.01
Megan Donaldson	F	SLEEVES	SA	Women's Raw Sleeves Master (40-44)	42	72.25	75	1.02	105	115	125	125	60	65	-70	65	190	130	140	-150	140	330	282.98	288.64	1	327.93
Bernard Ryan	M	WRAPS	SA	Men's Raw With Wraps Master (50-54)	51	117.9	125	1.147	200	225	235	235	140	155	-165	155	390	180	195	202.5	202.5	592.5	327.74	375.92	1	342.31
Kyle Forrest	M	SLEEVES	SA	Men's Raw Sleeves Open	31	96.35	100	1	260	280	295	295	165	175	177.5	177.5	472.5	300	327.5	340	340	812.5	480.15		1	508.45
Jamie Miller	M	SLEEVES	SA	Men's Raw Sleeves Open	35	82.4	82.5	1	200	220	-235	220	130	145	-147.5	145	365	230	250	-270	250	615	396.74		1	416.88
Eddie Herft	M	SLEEVES	SA	Men's Raw Sleeves Open	24	89.65	90	1	220	-240	-245	220	115	120	122.5	122.5	342.5	225	242.5	-257.5	242.5	585	358.71		1	379.01
Michael Blanck	M	SLEEVES	SA	Men's Raw Sleeves Open	42	84.7	90	1.02	150	160	170	170	95	102.5	-110	102.5	272.5	215	230	-245	230	502.5	318.59		2	335.44
Jack Owen	M	SLEEVES	SA	Men's Raw Sleeves Teen (18-19)	19	88.3	90	1.04	207.5	217.5	230	230	-122.5	-130	130	130	360	225	240	255	255	615	380.35	395.56	1	401.55
Tenzin Dhargyal	M	SLEEVES	Vic	Men's Raw Sleeves Junior (20-23)	22	88.8	90	1.01	167.5	-172.5	172.5	172.5	130	135	-140	135	307.5	185	195	-205	195	502.5	309.77	312.86	1	327.14
Andrew Smith	M	SLEEVES	SA	Men's Raw Sleeves Master (60-64)	64	98	100	1.45	110	120	-130	120	132.5	-137.5	-137.5	132.5	252.5	160	175	182.5	182.5	435	255.06	369.84	1	270.14
Andrew Skillicorn	M	BARE KNEES	Vic	Men's Raw Teen (16-17)	17	65.65	67.5	1.08	155	170	180	180	105	115	-117.5	115	295	185	205	215	215	510	390.93	422.20	1	401.18
Miles Lunde	M	BARE KNEES	SA	Men's Raw Master (45-49)	45	102.4	110	1.055	140			140	147.5	150		150	290	165	175		175	465	267.77	282.50	1	283.34
Wayne Hunter	M	SINGLE_PLY	SA	Men's Single Ply Master (40-44)	40	73.55	75	1	160	170	-175	170	95	105	110	110	280	190	200	-210	200	480	335.35	335.35	1	348.74
Krystal Skinner	F	RAW	SA	Women's Raw Open Deadlift	38	81.9	82.5	1										175	185	190	190	190	150.11		1	176.97
Janet Smith	F	RAW	SA	Women's Raw Master (55-59) Deadlift	56	92.55	100	1.246										240	252.5	-260	252.5	252.5	186.46	232.33	1	222.39
Andrew Smith	M	RAW	SA	Men's Raw Master (60-64) Bench	64	98	100	1.45					132.5	-137.5	-137.5	132.5						132.5	77.69	112.65	1	82.28
Jeffrey Lovelock	M	UNLIMITED	SA	Men's Unlimited Open Bench	38	80.8	82.5	1					185	-200	-200	185						185	120.89		1	126.82
Gary Jones	M	UNLIMITED	SA	Men's Unlimited Open Bench	61	108.5	110	1.366					-285	-290	-290							0	0			0.00

Referees

Andrea Sterns	World
Bianca Strahan	World
Emily Maddern	World
Dave Keetch	State