

22/03/2026

NSW Country Championships

Nemesis Fitness - Dubbo - NSW

Place	Name	State	Sex	Age	State	Equip	Division	BWT	Wt Cls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Total	Points	Event
1	Lexi Dunn	NSW	F	13	NSW	Wraps	F-OR	50.8	52	65	-72.5	-72.5	65	37.5	42.5	45	45	87.5	100	-107.5	100	210	236.49	SBD
1	Millie Jackson	NSW	F	17	NSW	Wraps	F-OR	76.2	82.5	120	130	142.5	142.5	65	70	75	75	120	135	-150	135	352.5	291.71	SBD
1	Ethan Mcleod	NSW	M	17	NSW	Wraps	M-OR	71.8	75	130	142.5	152.5	152.5	80	85	-87.5	85	145	155	165	165	402.5	286.47	SBD
1	Jeremy Logan	NSW	M	31	NSW	Wraps	M-OR	81.5	82.5	190	-203	202.5	202.5	100	105	110	110	185	205	-212.5	205	517.5	336.23	SBD
1	Brian Marchant	NSW	M	49	NSW	Wraps	M-OR	97.1	100	260	-280	-280	260	140	150	160	160	240	257.5	-270	257.5	677.5	398.9	SBD
2	Justin Hartog	NSW	M	32	NSW	Wraps	M-OR	98.9	100	190	205	210	210	117.5	-125	-125	117.5	200	225	-230	225	552.5	322.66	SBD
1	David Hey	NSW	M	55	NSW	Bare	M-OR	86.6	90					60	70	80	80	60	70	80	80	160	100.08	BD
1	Peter Frew	NSW	M	70	NSW	Bare	M-OR	77	82.5					85	95	100	100					100	67.55	B

Referees

Rebekah Suranyi	Novice
Amanda Weir	Novice
Arabella Watson	Novice