

28/02/2026

## Muscle Hut Push Pull Battle Royal

Muscle Hut - Warana - QLD

Place	Name	Sex	Age	Category	Equip	BWT	Wt Cls	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Gloss Pts	Age Score	Event
1	Shayni Gartlan	F	15	Teen 13-15	Bare	54	56	47.5	50	52.5	55	52.5	115	120	125		125	177.5	190.24	225.12	BD
1	Hannah-Joy Aitkin	F	14	Teen 13-15	Bare	47.8	48	-32.5	37.5	40	42.5	40	95	100	105		105	145	171.51	210.93	BD
1	Phoebe Penny	F	19	Teen 18-19	Bare	99.65	100	55	60	-65		60	130	140	145		145	205	146.84	152.78	BD
1	Rena Connors	F	51	Master 50-54	Bare	78	82.5	90	95	-100		95	185	195	200	-205	200	295	240.49	275.72	BD
1	Jose McCool	F	75	Master 75-79	Bare	74.2	75	45	-50	50	-55	50	85	92.5	100		100	150	126.34	231.80	BD
1	Victoria Friganiotis	F	52	Master 50-54	Bare	43.8	44	50	55	57.5	-60	57.5	90	95	100		100	157.5	199.62	231.58	BD
1	Frances Carr	F	52	Master 50-54	Bare	64.9	67.5	65	70	75		75	125	132.5	-140		132.5	207.5	192.37	224.27	BD
1	Kate Challenor	F	42	Master 40-44	Bare	59.2	60	70	75	-80		75	135	-140	-140		135	210	209.07	213.85	BD
1	Shontelle Faulkner	F	40	Master 40-44	Bare	87	90	100	-105	105	106	105	162.5	170	175		175	280	213.35	213.35	BD
2	Wendy Lower	F	51	Master 50-54	Bare	77.8	82.5	55	57.5	-61		57.5	130	-140	-140		130	187.5	153.10	175.53	BD
1	Elizabeth Aitkin	F	45	Master 45-49	Bare	84	90	50	-55	-60		50	140	145	152.5	163	152.5	202.5	157.87	166.20	BD
1	Elijah Hummel	M	12	Sub-Teen 10-12	Bare	54.9	56	27.5	30	32.5	-35	32.5	65	75	-86		75	107.5	97.96	120.50	BD
1	Lachlan Taylor	M	15	Teen 13-15	Bare	111	125	52.5	57.5	62.5	-65	62.5	120	130	-140		130	192.5	108.01	127.45	BD
1	Jack Grace	M	23	Junior 20-23	Bare	82	82.5	125	132.5	137.5	-140	137.5	227.5	242.5	252.5		252.5	390	252.39	252.39	BD
1	Rohan Dwyer	M	32	Open	Bare	109.3	110	155	160			160	280	300	320		320	480	270.46		BD
1	Lachlan Barrass	M	40	Master 40-44	Bare	105	110	115	-125	-135		115	205	215	-225		215	330	188.31	188.31	BD
1	Pete Hodgson	M	41	Master 40-44	Bare	99.1	100	160	165	-170		165	282.5	292.5	-300		292.5	457.5	266.95	269.64	BD
1	Dean McClintock	M	41	Master 40-44	Bare	155.95	SHW	110	-120	120		120	205	215	225	235	225	345	178.68	180.75	BD
1	Aaron Davidson	M	43	Master 40-44	Bare	117	125	170	-180	180		180	272.5	287.5	295	300	295	475	263.16	271.33	BD
1	Matthew Simmons	M	43	Master 40-44	Bare	83.5	90	110	117.5	120		120	245	260	-271		260	380	243.06	250.60	BD
2	Josh Smith	M	43	Master 40-44	Bare	99.97	100	130	140	-150		140	190	210	-220		210	350	203.47	209.81	BD
1	Maurice Trentin	M	76	Master 75-79	Bare	67	67.5	55	60	63.5		63.5	110	120	130	135	130	193.5	145.74	273.40	BD
1	Michael Trentin	M	43	Master 40-44	Single-ply	82.3	82.5	145	150	155		155	-220	227.5	235		235	390	251.78	259.59	BD
1	Natalie Roberts	F	39	Open	Bare	53.8	56	60	65	-70		65						65	69.87		B
1	Connor Hartigan	M	23	Junior	Bare	76.3	82.5						190	200	210		210	210	142.79	142.79	D

## Referees

Jessica Rose	World
Paul Nay	World
Regina Henderson	State
Janelle Chamberlain	State