

6/06/2026

How Much Ya Bench?

Adonis Athletics - Penrith - NSW

Name	Gender	Equip	State	Awards Division	Age	BWT	Wt Cls	Bench 1	Bench 2	Bench 3	Best Bench	Gloss Points	Age Points	Place
Madeline Palmer	FEMALE	RAW	NSW	Women's Open Bench Only	30	83.4	90	70	75	-80	75	58.60		1
Mel Green	FEMALE	SINGLE_PLY	NSW	Women's Single Ply Master Bench Only	45	72.35	75	102.5	-105	105	105	89.96	94.90	1
Mel Brown	FEMALE	SINGLE_PLY	NSW	Women's Single Ply Master Bench Only	40	117.15	110+	82.5	87.5	-90	87.5	59.63	59.63	1
Dylan Peek	MALE	RAW	NSW	Men's Open Bench Only	28	84.85	90	115	125	-132.5	125	79.16		1
Mitch Mayhew	MALE	RAW	NSW	Men's Open Bench Only	31	124.9	125	157.5	165	170	170	92.74		1
Kurt Roberts	MALE	RAW	NSW	Men's Teen Bench Only	17	73.5	75	125	130	132.5	132.5	92.62	100.03	1
Dylan Blackmore	MALE	RAW		Men's Teen Bench Only	19	73.95	75	125	132.5	-140	132.5	92.19	95.88	2
Peter Weatherall	MALE	RAW	NSW	Men's Master Bench Only	56	107.7	110	110	130	140	140	79.23	98.72	1
Mitch Johnson	MALE	UNLIMITED	NSW	Men's Unlimited Open Bench Only	33	104.35	110	315	-330	330	330	188.73		1
Kevin Miller	MALE	UNLIMITED	NSW	Men's Unlimited Open Bench Only	28	116.35	125	-262.5	262.5	-270	262.5	145.62		1
Ray Owen	MALE	UNLIMITED	NSW	Men's Unlimited Master Bench Only	55	90.45	100	260			260	158.65	194.35	1
Rob Allen	MALE	UNLIMITED	NSW	Men's Unlimited Master Bench Only	44	142.55	140+	300	-320	-320	300	158.71	165.53	1

REFEREES

Michelina Weatherall	National
Kelvin Naumanen	National
Xanthe Sheppard	State